

Diabetes in Aged Care



Self Learning Package

N & C Baron & Associates

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Professional Competence with a Caring Attitude

*An easy to follow self-learning package that will result in all your staff having the **ability to demonstrate** a basic understanding of diabetes in aged care residents.*

This exciting package covers the following areas:

- Types of diabetes
- Physiology
- Management of diabetes
- Principles of nutrition management for diabetics
- Explanation of GI (Glycemic Index)

Diabetes is one of the major health issues facing Australian society. In aged care, it poses its own set of challenges trying to juggle our duty to provide the best health care with our responsibility to respect resident wishes.

This presentation gives clear contemporary information about Diabetes management and dispels the myths that many people (and yes, health professionals) have believed for years.

A little about the presenters:

Rhonda Rowe: Rhonda is a Credentialed Diabetes Educator who has been Clinical Manager of a Private Healthcare Institution's Diabetes Unit and worked within the field of Diabetes Education for several years. She has concentrated on both the education of clients diagnosed with diabetes, and nursing staff caring for clients who have diabetes.

Julie Dundon: A practicing dietitian for over twenty years in a variety of public and private hospitals Julie has for the past 5 years conducted a private practice with needs of the elderly as a special interest including; weight management, hyperlipidaemia, diabetes and consulting with food services in hospitals and aged care facilities.

She is a strong believer in the need for continuous education and training to ensure that no aspect is missed in this vital area.

This Self Learning Package contains:

- An 18 minute video/DVD
- A printed companion manual containing a series of questions that staff are able to answer
- An electronic copy of the manual

All for **only** \$87.95VHS or \$88.95 DVD including GST, delivered right to your door. You will not find a more economical way of providing all of your staff with this vital training. If you have previously purchased this package in the VHS format and would like to move to DVD you can do so for the special **upgrade** price of **\$31.95**. The upgrade includes a DVD of the video which also contains an electronic copy of the manual.

This self learning package covers areas that could be linked to the following Expected Outcomes as defined in the *Aged Care Principles of the Aged Care Act 1997*

2.10 Nutrition & Hydration

Expected Outcome:

Residents receive adequate nourishment and hydration.

1.7 Inventory and equipment

Expected Outcome

Stocks of appropriate goods and equipment for quality service delivery are available.

2.3 Education and Staff Development

Expected Outcome

Management and staff have appropriate knowledge and skills to perform their roles effectively.

2.4 Clinical Care

Expected Outcome

Residents receive appropriate clinical care.

2.5 Specialised nursing care needs

Expected Outcome

Residents' specialised nursing care needs are identified and met by appropriately qualified nursing staff.

2.7 Medication management

Expected Outcome

Residents' medication is managed safely and correctly.

2.11 Skin care

Expected Outcome

Residents' skin integrity is consistent with their general health.

2.14 Mobility, dexterity and rehabilitation

Expected Outcome

Optimum levels of mobility and dexterity are achieved for all residents.

2.15 Oral and dental care

Expected outcome

Residents' oral and dental care is maintained.

3.5 Independence

Expected Outcome

Residents are assisted to achieve maximum independence, maintain friendships and participate in the life of the community within and outside the residential care service.

3.6 Privacy and dignity

Expected Outcome

Each resident's right to privacy, dignity and confidentiality is recognised and respected.

3.9 Choice and decision making

Expected Outcome

Each resident (or his or her representative) participates in decisions about the services the resident receives and is enabled to exercise choice over his or her lifestyle while not infringing on the right of other people.

4.8 Catering, cleaning and laundry services

Expected Outcome:

Hospitality services are provided in a way that enhances residents' quality of life and the staff's working environment

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