

Pain Management *in* *Aged Care*



Self Learning Package

Presented by

Carla Baron

with special comment from Professor Jenny Abbey

N & C Baron & Associates

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ABN 35 041 713 303

Professional Competence with a Caring Attitude

An easy to follow self-learning package that will result in all your staff having the **ability to demonstrate** a basic understanding of the critically important area of Pain Management

This exciting package covers the following main areas of Pain Management:

- Defining pain
- Basic concepts about pain
- Assessing an individual's pain
- Assessing the non-verbal or cognitively impaired
- Pain management strategies
- Reviewing and evaluating pain management strategies

This Self Learning Package contains:

An 18 minute video/DVD

A printed companion manual containing a series of questions that staff are able to answer

An electronic copy of the manual

All for only **\$84.95 VHS** or **\$88.95 DVD** including GST, and postage. You will not find a more economical way of providing all of your staff with this vital training.

If you have previously purchased this package in the VHS format and would like to move to DVD you can do so for the special **upgrade** price of **\$31.95**. The upgrade includes a DVD of the video which also contains an electronic copy of the manual.

A little about the presenters:

Carla Baron RN B Hlth Sc (Nsg) Grad Dpi Ed (Ed Trn Adults) Cert IV Assessment and Workplace Training

As a nurse educator and curriculum developer Carla has been able to make the gaining of knowledge seem easy. A qualified auditor she has been instrumental in helping many facilities gain accreditation through individual and group applications of sound business principles combined with adherence to best practice.

Jenny Abbey RN PhD Professor of Nursing (Aged Care) Queensland University of Technology

Jenny is highly respected for her wealth and depth of knowledge of older people and has been involved in research of measurement of pain in people with end-stage-dementia, evidence of care needs to provide palliation for people with dementia, contributions to compression of morbidity in the older person, the use of advance directives by the older person and investigations of feeding difficulties for people with dementia. An effective, yet easy to administer method of assessing pain in residents suffering from dementia was a dream that resulted in the development of The Abbey Pain Scale.

This self learning package covers areas that could be linked to the following Expected Outcomes as defined in the *Aged Care Principles of the Aged Care Act 1997*

2.8 Pain Management Expected Outcome

All residents are as free as possible from pain.

2.1 Continuous Improvement

Expected Outcome

The organisation actively pursues continuous improvement.

2.2 Regulatory Compliance

Expected Outcome

The organisation's management has systems in place to identify and ensure compliance with all relevant legislation, regulatory requirements, professional standards and guidelines, about health and personal care.

2.3 Education and Staff Development

Expected Outcome

Management and staff have appropriate knowledge and skills to perform their roles effectively.

2.4 Clinical Care

Expected Outcome

Residents receive appropriate clinical care .

2.5 Specialised Nursing Care Needs

Expected Outcome

Residents' specialised nursing care needs are identified and met by appropriately qualified nursing staff.

2.6 Other Health and related services

Expected Outcome

Residents are referred to appropriate health specialists in accordance with the resident's needs and preferences.

2.7 Medication Management

Expected Outcome

Residents' medication is managed safely and correctly

2.9 Palliative Care

Expected Outcome

The comfort and dignity of terminally ill residents is maintained.

2.13 Behavioural Management

Expected Outcome

The needs of residents with challenging behaviours are managed effectively.

2.17 Sleep

Expected Outcome

Residents are able to achieve natural sleep patterns.

3.4 Emotional Support

Expected Outcome

Each resident receives support in adjusting to life in the new environment and on an ongoing basis.

3.6 Privacy and Dignity

Expected Outcome

Each resident's right to privacy, dignity and confidentiality is recognised and respected.

3.7 Leisure Interests and Activities

Expected Outcome

Residents are encouraged and supported to participate in a wide range of interests and activities of interest to them.

3.9 Choice and Decision Making

Expected Outcome

Each resident (or his or her representative) participates in decisions about the services the resident receives and is enabled to exercise choice and control over his or her lifestyle while not infringing on the rights of other people.

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